



Adelaide Respiratory

Level 5, 120 Angas Street, Adelaide SA 5000
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www.adelaiderespiratory.com.au

APPOINTMENT DATE

PATIENT DETAILS

Ward/Hospital

Family Name..... Given Names.....

D.O.B..... Telephone No

Address

TESTS REQUIRED

(Please read instructions on the back of this form)

SPECIALISED TESTING

- Bronchial Provocation (Asthma/EIA/SCUBA)**
- Ambulatory Oximetry Assessment (6 minute Walk Test)**

STANDARD TESTING

- Spirometry (Flow Volume Loop)**
- Diffusing Capacity (Transfer Factor/DLCO)**
- Static Lung Volumes (Body Box)**

CLINICAL HISTORY

REFERRING DOCTOR

Name.....

Address

Telephone Fax

Email.....

Provider Number

Doctor's Signature Date.....

PATIENT INSTRUCTIONS

Please Read Carefully

DO NOT SMOKE FOR 4 HOURS BEFORE TEST

SPIROMETRY, DIFFUSING CAPACITY, STATIC LUNG VOLUMES

- 1) **DO NOT** take the following for **4 HOURS BEFORE** the test:
- *Ventolin, Atrovent, Bricanyl, Asmol, Airomir*
- 2) **DO NOT** take the following for **12 HOURS BEFORE** the test:
- *Symbicort, Oxis, Bretaris, Singulair, Seretide, Flutiform, Serevent*
- 3) **DO NOT** take the following for **24 HOURS BEFORE** the test:
- *Brondecon, Neulin, Spiriva, Breo, Anoro, Onbrez, Seebri, Alvesco, Incruse, Ultibro*

BRONCHIAL PROVOCATION (Aridol Challenge)

- a) **DO NOT** take the following for **8 HOURS BEFORE** the test:
- *Intal, Tilade, Ventolin, Bricanyl, Asmol, Airomir*
- b) **DO NOT** take the following for **12 HOURS BEFORE** the test:
- *Qvar, Pulmicort, Flixotide, Astrovent*
- c) **DO NOT** take the following for **24 HOURS BEFORE** the test:
- *Serevent, Seretide, Bretaris, Flutiform, Oxis, Symbicort, Alvesco, Nuelin*
- d) **DO NOT** take the following for **72 HOURS BEFORE** the test:
- *Spiriva, Zyrtec, Telfast, Claratyme, Breo, Anoro, Onbrez, Seebri, Incruse, Ultibro*
- e) **DO NOT** take the following for **4 DAYS BEFORE** the test:
- *Singulair*
- f) Ingestion of significant amounts of caffeine (coffee, tea, cola, energy drinks) should be avoided prior to testing.
- g) Vigorous exercise should not be performed prior to (on the day) of the test and smoking should be refrained for 6 hours before the test.

Further information is available at www.adelaiderespiratory.com.au

**All other inhalers/puffers and medications
should be taken as usual.**

**If you become very wheezy or short of breath,
please take your reliever medication and call
Adelaide Respiratory on 8232 4200.**

